




-  Simple, wholesome ingredients for growing bodies and minds.
-  Meals and snacks using municipal, provincial and national nutritional guidelines.
-  Food kids love to eat.

Eat Grow Thrive

SMART LITTLE CHILDREN DAYCARE CENTRE
INFANT TODDLER Spring/Summer 2026




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<p>AM Snack All-Bran with Milk Entrée Creamy Sun-Dried Tomato Chicken Sauce, Whole Grain Pasta, Sunrise Mix (Carrots & Green Beans), Fresh Fruit PM Snack No PM</p>	<p>AM Snack Banana Oat Bar, Unsweetened Applesauce Entrée Korean BBQ Beef, Brown Rice, Peeled Cucumber slices, Fresh Fruit PM Snack Melba Toast, Fresh Fruit, Edamame</p>	<p>AM Snack Rice Krispies with Milk Entrée Mini Potato & Cheese Perogies, sour cream, Marinated Chickpea Salad, Vegetable Medley (Green Beans, Green Peas, Carrot, Corn), Fresh Fruit PM Snack Pretzel Bun, Cheese Slice</p>	<p>AM Snack Whole Wheat Bagel, Apple Butter Entrée Southwest Diced Chicken, Cornbread, Green Peas, Fresh Fruit PM Snack Whole Wheat Breadsticks, Sesame-Free Hummus, Grape Tomatoes</p>	<p>AM Snack No AM Entrée Lemon Diced Chicken , Veggie Quinoa Blend, Blanched Baby Carrots, Fresh Fruit PM Snack Whole Wheat Cocoa Zucchini Muffin, Fresh Fruit</p>
WEEK 2	<p>AM Snack No AM Entrée Dino Chicken Pieces, Brown Rice, Plum Sauce, Diced Carrots, Fresh Fruit PM Snack Babybel Cheese, Fresh Fruit, Whole Grain Cranberry Oatmeal Cookie</p>	<p>AM Snack Multigrain Muesli Morning Round, Apple Butter, Fresh Fruit Entrée Chicken Tikka Masala, Brown Rice, Green Peas, Fresh Fruit PM Snack Whole Wheat Vanilla Snaps, Unsweetened Applesauce, Cheese Curds</p>	<p>AM Snack Multigrain Cheerios with Milk Entrée Classic Mac and Cheese, Chicken Strips, Vegetable Medley (Green Beans, Green Peas, Carrot, Corn), Fresh Fruit PM Snack Whole Wheat Pita Bruschetta, Shredded Cheese</p>	<p>AM Snack Peach Yogurt, Whole Grain Granola Entrée Beef Burger, Bun, Cheddar Cheese Slice, Corn, Fresh Fruit PM Snack Cheese Curds, Fresh Fruit, Organic Whole Wheat Lemon Blueberry Loaf</p>	<p>AM Snack No AM Entrée Portuguese Diced Chicken, Whole Grain Pasta, Broccoli, Fresh Fruit PM Snack Organic Strawberry Granola Bar, Baby Carrots, Edamame</p>
WEEK 3	<p>AM Snack No AM Entrée Chicken Alfredo Sauce, Pasta, Sunrise Mix (Carrots & Green Beans), Fresh Fruit PM Snack Whole Wheat Banana Muffin, Fresh Fruit, Cheese Curds</p>	<p>AM Snack Whole Wheat Carrot Zucchini Loaf, Unsweetened Applesauce Entrée Teriyaki Beef Meatballs, Brown Rice, Broccoli, Fresh Fruit PM Snack Cucumber Slices, Red Pepper Cheese Dip, Whole Wheat Mini Bites</p>	<p>AM Snack Whole Wheat Pancake, Strawberry Chia Seed Jam Entrée Butter Chicken Sauce, Whole Wheat Pasta, Peas & Corn, Fresh Fruit PM Snack Mini Naan Dippers, Sesame-Free Hummus, Baby Carrots</p>	<p>AM Snack Rice Chex with Milk Entrée Ground Beef and Bean Taco Bowl, Mexican Rice, Shredded Cheese, Corn, Fresh Fruit PM Snack Cornbread, Unsweetened Applesauce</p>	<p>AM Snack No AM Entrée BBQ Diced Chicken, Veggie Quinoa Blend, Diced Carrots, Fresh Fruit PM Snack Mini Maple Shaped Biscuits, Fresh Fruit, Cheese Cubes</p>
WEEK 4	<p>AM Snack No AM Entrée Breaded Chicken Pieces, Brown Rice, Plum Sauce, Vegetable Medley (Green Beans, Green Peas, Carrots, Corn), Fresh Fruit PM Snack Banana Oat Bar, Unsweetened Applesauce</p>	<p>AM Snack Multigrain Muesli Morning Round, Apple Butter, Fresh Fruit Entrée Hidden Tofu Mac & Cheese, Peas & Corn, Fresh Fruit PM Snack Cheese Cubes, Baby Carrots, Whole Wheat Oatmeal Cookie</p>	<p>AM Snack Whole Grain Banana Cookie Entrée BBQ Beef Meatballs, Whole Wheat Bread, Sunrise Mix (Carrots & Green Beans) Fresh Fruit PM Snack Whole Wheat Breadsticks, Grape Tomatoes, Sesame-Free Hummus</p>	<p>AM Snack Whole Wheat Bread, Cheese Slice, Fresh Fruit Entrée Fish Sticks, Brown Rice, Green Peas, Fresh Fruit PM Snack Babybel Cheese, Fresh Fruit, Melba Toast</p>	<p>AM Snack No AM Entrée Herbed Diced Chicken , Whole Grain Pasta, Blanched Baby Carrots, Fresh Fruit PM Snack Whole Wheat English Muffin, Cheese Slice</p>



Menu Launch Date April 13, 2026
Menu is approved by a Registered Dietitian.
Milk and/or Water are served with lunch and snacks

- Please see the allergy guide for the substitution meals for Vegetarian, Vegan and Halal and other dietary replacements. Daily Packing slip will indicate specific replacements by child name.
- Please note that Wholesome Kids operates a facility that is Nut Free, Pork Free, and Shellfish Free at all times. All Lunches are Trans Fat Free (Except for those that are naturally occurring).
- Fresh Fruit will vary depending on seasonal availability. They may include apples, bananas, oranges, grapes, pears, strawberries, melons (watermelon, cantaloupe, honeydew), plums, nectarines, and peaches.



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